

The Flute Spa

a week with Patricia George

Interactive Flute Spa
Classes
and
Flute Choir

for

Adult flutists
College students
Advanced high school
students

Invigorate, Relax, Re-assess

How to build a technique
Building a 10 year Curriculum
FUNdamentals:
Posture and balance

Scale Game
The Art of PhraSING
Chunking
Style Guide

The Art of PractiSING
Vibrato Checklist
Embouchure Flexibility and Strength
Intonation Studies

Phrasing Gestures
How to Prepare for an Audition
Teaching Orchestral Excerpts

The Flute Spa, a week with Patricia George

If you didn't get to take part in Patricia George's terrific Flute Spa at UMFA's Pedagogy Day last November, you have another chance.

This June she will be back to lead a **week-long Flute Spa** at Lake Sylvia Flute Camp from June 10 - 14. The Spa Classes are free for UMFA members. Flute Spa participants are invited to play in the daily flute choir.

Patricia will be available for one-on-one master class lessons . Wendy Stern, long-time member of Flute Force, will be in residence at camp, and will also be available for master classes and ensemble coaching.

The Lake Sylvia Flute Camp is located on a beautiful, private peninsula, 48 miles west of the Twin Cities, outside of Annandale, MN. You can spend the week at camp, complete with great meals (the camp chef lives on an organic farm if that gives you a hint) for only \$45 a day/night. Or you can register by the day.

Flute Spa: By definition, a visit to a spa is meant to invigorate you, to make you stop and take time to think, to relax, to re-assess *why* you do what you do. In this case, a Flute Spa is designed to give you some new perspectives on how to approach your flute playing—everything from scales to body position to practice technique. Even though this spa won't feature massages, manicures or hot tubs, we know that you will come away with a new focus for your performing and practicing skills. Patricia George has presented Flute Spas to rave reviews at flute clubs throughout the United States and at the NFA Convention, including our Spa last November in Minneapolis.

If you can't make it out to camp in Annandale, sign up for Patricia George's mini-spa in Minneapolis on Sunday, June 15. For more details, email:

Nancy Maloney at maloneys@comcast.net

Come for a day or come for the week.
Please register by May 15



Patricia George

Editor of Flute Talk magazine

Flute Spa Fees/WEEK DAY

Registration	\$75	\$15
Flute Spa Class	*	*
Lodging/meals	\$190	\$45
Master classes	\$150	\$30

*Flute Spa Classes and Flute Choir are free for UMFA members

Registration form: [click here](#)