

A Message from the UMFA President

We have recently come through a memorable election season. Regardless of whether you are pleased - or not - by the outcome, most people seem to be relieved to be finished with all of the campaigning and voting. And yet, I'd like to suggest to you that we are, in fact, voting all the time.

Our local nurses recently voted on a new contract. Adjunct faculty at our local colleges have been voting on whether to unionize. Even UMFA wants you to vote on a new logo!

Thinking beyond these recent examples, though, we vote every day in one way or another. To cast a vote, we need to make a choice between one option and another. Each decision we make - how we are going to spend our money, where we are going to focus our attention, how we are going to use our time, where we are going to invest our energy - we are casting a vote for what is important to us. Some people refer to "voting with your feet;" my grandmother used to talk about "voting with your pocketbook;" perhaps in today's age of electronics, we should also include the idea of "voting with your mouse."

November 17 was Give to the Max Day. This is certainly an example of "voting with your pocketbook." Any time we choose to make a contribution, by donating either our cash or our time, we are casting a vote. We are saying to ourselves, and perhaps to others, "This is a priority of mine."

This was definitely the case for many of you at the Marathon Concert on October 29 at the Mall of America. By voting with your feet and your dollars, with your fingers and your flutes, you made a statement that UMFA's Scholarship Program was important to you and was a worthwhile investment of your time and money.

The following weekend on November 5, we heard the same message, set to a slightly different tune. For each of the many participants in Flute Choir Showcase and Honors Flute Choir, you chose to cast your ballot in favor of flute ensembles. For you, sharing your love of playing flute with others is a priority.

Flute Fest 2017 will be held at Plymouth Church on Saturday, March 25, when we will all have the opportunity to vote - not once, but many times - based on what is important to us. How will we choose our priorities that day? Solo recital or chamber music workshop? Laudie Porter Memorial Competition or Young Artists? Or perhaps the non-competitive Rising Stars? A yoga session? A Body Mapping session? An NFA Convention panel discussion? Flute choir reading sessions? A master class for advanced players, or one for younger players? Shopping the exhibits? Socializing with flute friends? A pedagogy or performing workshop? It is impossible to vote for everything, so what will you choose?

For each of you who have chosen to be an UMFA member, who have helped with the planning of UMFA's events, who have elected to participate in all that UMFA has to offer, who have volunteered your time or given financial support, I thank you for your "vote."

Trudi Anderson, UMFA President

UMFA Calendar of Events: 2016 - 2017

Jan 29, 2017
PARLOR CONCERT
LOCATION - TO BE DETERMINED

Mar 15, 2017
APPLICATION DEADLINE FOR
SUMMER SCHOLARSHIP PERIOD
umfaflutes.org/Scholarships

Mar 25, 2017
LAUDIE PORTER COMPETITION
LOCATION - PLYMOUTH CHURCH

Mar 25, 2017
FLUTE FEST 2017
LOCATION - PLYMOUTH CHURCH

May 7, 2017
PARLOR CONCERT
LOCATION - TO BE DETERMINED

Aug 10-13, 2017
2017 NATIONAL FLUTE CONVENTION
MINNEAPOLIS CONVENTION CENTER

October Parlor Concert

By Katie Anne Kohler

On October 16th I had the privilege of participating in my first parlor concert. I had never attended a parlor concert before, so I had no idea what to expect. The concert took place in Jennifer Kennard's home. With its high ceilings, wood floors, spacious living area, and artful décor, Jennifer's house was a perfect setting! Upon entering, I noticed the kitchen area with snacks available (always exciting), and joined in on several friendly conversations. Jennifer, the hostess, and Vanamali, the Parlor Concert coordinator, immediately greeted me, and I noted that because of the friendly atmosphere, the nerves I felt began to fade.

The performance was very casual. I played the first and second movements of the Bach *Partita in A Minor*. To be honest, I did not feel fully prepared. I soon realized, however, that the style of the concert was very casual. Each performer stated what they were playing, talked a little about

the piece, and played. If there was some fumbling along the way, nobody judged. Everyone was simply enjoying listening to flute music. There were various levels of performers; some held a college degree in flute performance, while others played for the pure fun of it!

Overall, the parlor concert was an excellent experience. I had a great time and felt welcome amongst the other flutists. I would recommend that all flutists attend or perform at some point—it's a great way to gain performance experience in a non-threatening environment, and it's an enjoyable experience to bond with other flutists!

Other pieces performed at the October 2016 Parlor Concert include: *Madrigal*, Faure; *Air de Ballet d'Ascanio*, Saint Saens; *Concerto No. 7*, Devienne; *Partita in a*, Bach; *Pavane*, Faure; *Image*, Bozza; and *May It Be*, Enya.

NFA College Student Internship Program

By Krista Jolivette

The National Flute Association is currently offering internships for undergraduate and graduate students to gain valuable experience in arts nonprofit administration. According to their website, NFA offers a "fun, supportive environment for interns to build skills and explore career opportunities in the music world and beyond." Two types of internships are available: **office internships** and **convention internships**. The NFA distinguishes between the two internships:

Office internships are available year-round, and students may apply at any time. Interns are expected to work a minimum of six hours per week, for ten weeks, at the Chicago office. Hours are flexible and internships can be extended. Office interns will gain hands-on experience in a variety of key areas, including member services, convention planning, marketing, archival research, and publishing. **Convention internships** are available to U.S. or international

students who are able to work at the annual NFA convention. Convention interns will work directly with the Equipment Chair, Convention Director, and Membership Manager and will receive a behind-the-scenes perspective of convention operations and planning. Interns gain valuable work experience while enjoying flute music from around the world during four exciting days of the annual convention (held this year in Minneapolis, MN). They do not need to have attended a NFA convention in the past; they must, however, hold current membership in the National Flute Association. Preference will be given to students who live in Minneapolis, but it is not required that applicants are residents of Minnesota.

The convention internship application is posted each year in March and due on May 2. More information can be found at the NFA website: <http://www.nfaonline.org/The-Organization/Internships.aspx>

Donate Your Used Flute

by Carny Berg

Do you know where your old flute is?

If you have no plans to use your flute, perhaps you would consider donating it to UMFA to place in the hands of a student who might not otherwise have access to an instrument. UMFA is partnering with Hopewell Music Cooperative North, a music school in North Minneapolis, who serves underprivileged youth giving free and reduced lessons for scholarship students. Since UMFA is a 501(c)3 organization, donations are tax-deductible.

Let a student breathe new life into your instrument!

“The Greatest Gift”

By Cindy Farrell

One of my favorite advertisements was a flyer that promoted early childhood music classes. It simply said... “Give someone a gift that will last a lifetime. Give them music classes.” Truly, music is such a gift. More often than not, individuals who have previously studied music will comment, “I quit and I wish that I had stuck with it!”

Have you ever run into a special teacher from your past who encouraged you, cheered you on, and ultimately helped influence your own decision to “pay forward” the gift of music? Such a reunion would elicit a very special kind of pride and gratitude exchanged between teacher and student-turned-teacher. They would be flooded with the precious memories of their shared musical learning.

This is exactly what happened when two UMFA presidents—past president Polly Meyerding and current president Trudi Anderson—unexpectedly ran into **Barbara Arnold** at the 2016 Flute Fest. Trudi shared these special memories of Arnold...

“Her real impact... was through her seven years of private teaching, starting in [my] 6th grade year and continuing through my senior year. She started me on long tones, wrote “blow” all over my music, gave sight-reading assessments, and taught me that you show up for your weekly lesson even if it’s inconvenient. She played in the Rochester Orchestra for years and when I was in high school once took me along as a sub when she was playing Debussy’s “Afternoon of a Faun.” It was very fun to have her and her husband Fred (trumpet player and band director) at Flute Fest. They are such good people—their lives still revolve around music...”

Polly Meyerding took private lessons at Rymer School in Roseville from Mrs. Arnold in 9th through 11th grade, and she also shared fond memories...

“Barbara was such a kind and warm teacher - always a soft voice that communicated a real love for music - I can still remember her eyes shining when talking about some phrasing, or even an etude. One thing I remember

was that her husband Fred taught trumpet in the studio next door, and would come and tease me about how my low C’s were working! I still use a lot of the same literature with my students that I used with her - it still seems a good progression through the levels of difficulty of etudes and solos.”

“A wonderful treat that the Arnolds gave me and a friend who they let me invite, was to take us to hear the New York Philharmonic in Ames, Iowa, who played at Iowa State University’s new concert hall - this must have been in 1969. Not only did we get to hear them play, but she also took us backstage, and I got to meet Julius Baker. I asked for his autograph, and when I saw Mrs. Arnold at the last Flute Fest for the first time since that trip, she reminded me that I gave her that autograph. I’m glad I did!”

During this season of remembering all of our blessings and the gifts we have both received and given, it seems especially appropriate to recognize those teachers and musicians whose spark have given the ultimate gift of music. Thank you to Barbara Arnold for inspiring countless young people to take up the torch of teaching music. Your students Trudi and Polly have become shining stars and are still spreading their musical light!



(L to R): Trudi Anderson, Barbara Arnold, and Polly Meyerding, happily reunited at the 2016 Flute Fest.

SAVE THE DATE! FLUTE FEST IS SATURDAY, MARCH 25, 2017

Plans are progressing nicely for Flute Fest 2017, to be held at Plymouth Church. We are excited to have Mimi Stillman as our Guest Artist. She will be presenting a master class, offering a workshop on chamber music, and performing a solo recital. We will also feature Leonard Garrison, who will work with our younger performers in a master class and will participate in a panel discussing the upcoming NFA Convention. Along with all the traditional Flute Fest events, we are working on a surprise or two. Stay tuned by checking the UMFA website for updates!

(Additional information regarding **master class participation** can be found at umfaflutes.org or by contacting James Devoll at james.devoll@hotmail.com. If you would like further details or are interested in performing for the **chamber music workshop**, which is open to flute ensembles and groups with mixed instrumentation, please contact Trudi Anderson at president@umfaflutes.org.)

FLUTE CHOIR SHOWCASE 2016

By Karalee Brunjes

This year was the 10th anniversary of Flute Choir Showcase, and it was a wonderful day filled with beautiful flute music. We enjoyed listening to eight flute choirs from around the Twin Cities at Good Samaritan Church in Edina. Choirs included:

Flutes Unlimited of MN

Hopewell Flute Choir

*Flute Cocktail

*The Sounds of Silver

Trillium

Quicksilver Flute Ensemble

Lake Minnetonka Flute Ensemble

*The Silverwinds

(* Indicates choirs who participated all ten years. The rest were repeat participants.)

In the final performance of the day we were delighted to hear the Honors Flute Choir, which was composed of junior and

senior high flute students. Under the skillful direction of Dr. Paula Gudmundson from University of Minnesota Duluth, they did a marvelous job of performing pieces that they had only rehearsed together for a few hours that day. Some of them played alto and bass flutes for the first time. The talent of these young flutists was very impressive!

The students also received some coaching and advice on playing low flutes in the workshop led by Jenny Slivinski. She suggested a unique exercise of playing with a baby carrot on each side of the mouth to facilitate a wide embouchure, and also gave us tips for getting good sounds out of a low flute.

There were also two reading sessions, led by Dr. Janet Heukeshoven and Diane Horner, who suggested good ideas for new music to add to our flute choir repertoire. All in all it was a very enjoyable and informative day. What great way to celebrate the 10th annual Flute Choir Showcase!

FLUTE CHOIR MARATHON CONCERT PHOTOS



Hannah Settler and Amelia Lodwick perform a duet for listeners at the UMFA Marathon Concert, October 29th at the Mall of America.



A flute choir performs in Sears Court at the Mall of America during the Marathon Concert, October 29th.



Bethany Gonella lifts a bass flute at the Marathon Concert October 29th.



Ben Fok performs for an audience at the Marathon Concert, October 29th.



Claire Gunsbury intently focuses on her music at the Marathon Concert.



UMFA Treasurer Haley Cramer is all smiles at the Marathon Concert.

FLUTE CHOIR SHOWCASE PHOTOS



Annika Dean practices intently at Flute Choir Showcase.



Kirsten Rotvold at Flute Choir Showcase.



A flutist participates in the low flutes workshop at Flute Choir Showcase.



An afternoon reading session took place during the Flute Choir Showcase.



Maren Steffen looks up to the ensemble director during a performance at Flute Choir Showcase.



Noah Stambouli keeps his eyes on the music at Flute Choir Showcase.



Flute ensemble "Flute Cocktail" performs for the Flute Choir Showcase.



A member of the flute ensemble "Flute Cocktail" attends a reading session during the Flute Choir Showcase.



Honors Flute Choir members rehearse during the Flute Choir Showcase.



Jasa Mahlen focuses during a rehearsal at Flute Choir Showcase.



Dr. Paula Gudmundson presents the Honors Flute Choir at Flute Choir Showcase.

*Marathon Concert Photos
courtesy of Ben Fok*

*Flute Choir Showcase Photos
courtesy of Cassian Lee*

2016 HONORS FLUTE CHOIR CONCERT

By Deb Metz, Honors Flute Choir Coordinator

The 2016 Honors Flute Choir Concert was the Grand Finale for the Flute Choir Showcase held on Saturday, November 5th at Good Samaritan United Methodist Church in Edina. The Showcase was an all-day event devoted entirely to flute ensembles of all sizes and performers of all ages playing on all flute family members: piccolo, concert flute, alto flute, bass flute, and contrabass flute.

The 2016 Honors Flute Choir was comprised of fourteen student flutists. Members who performed were: Amelia Aplikowski, Zoe Cheung, Ruth Crowder, Annika Dean, Marie Finch-Koinuma, Itzel Gery-Vallejo, Elena Getchell, Sarah Hughes, Jasa Mahlen, Kirsten Rotvold, Noah Stamboulieh, Maren Steffen, Ella Weinbeck, and Grace Zimmer. These talented Honors Flute Choir Members were nominated by their teachers, who are UMFA members: Tia Burns, Cindy Farrell, Paula Gudmundson, Deb Metz, Jenny Slivinski, Kara Swanson, Laura Thompson, and Linda Wadsworth.

Music was divided up among all Honors Flute Choir Members, so that everyone had the opportunity to play different parts. Members interested in playing alto flute, bass flute, and contrabass flute attended the Low Flutes Workshop, presented by Jenny Slivinski, preceding the Honors Flute Choir Rehearsal. At the workshop, a hands-on experience enabled them to perform on low flutes during the Honors Flute Choir Concert. (A special thanks to Kay Ellickson, Cindy Farrell, and the Upper Midwest Flute Association for loaning their low flutes to be used by members of the Honors Flute Choir).

Dr. Paula Gudmundson, Assistant Professor of Flute at the University of Minnesota Duluth and Conductor of the 2016 Honors Flute Choir, prepared the members to perform in a rehearsal, which was over three hours in duration. After a break, the Honors Flute Choir Concert was held in the Church Sanctuary. The 2016 Honors Flute Choir Concert opened with Margaret Lowe's "*Dawn Carol*" which was

described by Honors Flute Choir member Ella Weinbeck as "really cool...creating the sound of multiple birds." Second on the Honors Flute Choir Program was "*Masques*" by Anne McGinty. A 'masque' was a lavishly staged production for 16th and 17th century nobility, and this piece was meant to represent the type of music used for such a production. Next up for the 2016 Honors Flute Choir was an original flute choir composition written by a former student of Dr. Gudmundson. Zachery S. Meier's "*Broken Pieces*" appealed to Maren Steffen, Honors Flute Choir member, because "It was very dramatic and told a story." Five variations on George Frideric Handel's "*Harmonious Blacksmith Theme*" arranged by Katherine Borst Jones followed for the Honors Flute Choir members. Irving Berlin's "*Blue Skies*," in a version by arranger Frank J. Halferty, gave the 2016 Honors Flute Choir Members a chance to get jazzy.

The reading of an accompanying poem set the mood for the concluding selection, Franz Abt's "*Night*," arranged by Austin A. Scott. It was the favorite piece of Honors Flute Choir Member Marie Finch-Koinuma. Ruth Crowder, another Honors Flute Choir Member, agreed that "the best bit was my part in the lower octave and the chords and the harmony were especially enjoyable." The 2016 Honors Flute Choir Concert ended with members receiving individual certificates of participation amid rounds of applause from appreciative family, friends, and adult flute choir performers in the audience. Afterwards, many in the 2016 Honors Flute Choir commented that it was a positive experience. They enjoyed meeting other flutists their age and making music together in a flute choir setting. Members enthusiastically stated that they would definitely participate in the Honors Flute Choir again and encouraged others to join as well.

Special thanks to Conductor Dr. Paula Gudmundson for sharing her time and talent with the 2016 Honors Flute Choir members, Honors Flute Choir Associate Jenny Slivinski, and Flute Choir Showcase Coordinator Cindy Farrell.

UMFA Garage Sale!

By Jenny Slivinski

Do you have unused music lying around? Bring it to Flute Fest to give it new life!

Donations of sheet music and CD's will be compiled into a "garage sale" on March 25th at Flute Fest. Members will be asked for a free will donation to UMFA in return for the treasures they may find. Any remaining items as well as additional donations after Flute Fest will be brought to the NFA convention this August.

Questions? Email Information@umfaflutes.org

Leonard Garrison Junior Masterclass

By Jennifer Kennard

Noticing a lack of good recordings for intermediate solos, Leonard Garrison, Program Chair for the NFA 2017 Annual Convention, Associate Professor of Flute and Associate Director of the Lionel Hampton School of Music at the University of Idaho, decided to fill the lacuna. The result is his 2015 recording, *Parisian Impressions*. As part of Flute Fest's program, Mr. Garrison will be presenting a master class featuring many of these intermediate-level flute solos.

Parisian Impressions includes works of varying lengths that would be appropriate for students who are not quite ready for the Paris Conservatory concourse pieces but are progressing steadily towards them. Each of the pieces included on the CD are included in the NFA's *Selected Flute Repertoire and Studies: A Graded Guide (2009)*, the Associated Board of the Royal Schools of Music official list from the United Kingdom, or the Carnegie Hall/Royal Conservatory Flute Syllabus. Some of the pieces were familiar to Garrison and some were new, but all are examples of beautiful music appropriate for anyone, from intermediate flutists to professionals.

The CD is a great reference for students and teachers alike. *Parisian Impressions* includes a breadth of repertoire varied enough that every student will be able to find at least one piece—if not more—they would like to work on. The liner notes are also on point, introducing the intermediate flutist to the relevant historical aspects of the pieces without overwhelming them with historical minutiae. And in case the CD wasn't enough, as a further aid to students, Mr. Garrison has uploaded teaching videos of the same works on his YouTube Channel. (On YouTube, search 'Leonard Garrison *Parisian Impressions*' for individual practice videos as well as each track of the CD).

Mr. Garrison has a long and varied career, performing and teaching, and serving the flute community throughout. In addition to his current duties at the Lionel Hampton School of Music at the University of Idaho, he has also served as the President of the National Flute Association, taught at Michigan's Blue Lake Fine Arts Camp, performed as a soloist on National Public Radio's *Performance Today*, and is Principal Flute of the Walla Walla Symphony.

Students: if you would like to try performing one of these pieces for the master class, please let me know as soon as possible (kennardjennifer@gmail.com). Teachers: we will be looking for a few performers; if you have recommendations, contact me. We look forward to welcoming Mr. Garrison to UMFA's Flute Fest this spring and anticipate an inspiring *Parisian Impressions* Master Class. See you there!

Repertoire to be considered during the Junior Masterclass include any of the following:

Parisian Impressions

Leonard Garrison, flute
with Roger McVey, piano
Albany Records Troy 1585, 2015

Charles-Édward Lefebvre (1843-1917)

Deux pieces, Op. 72
Barcarolle mélancolique
Scherzo

Gérard Meunier (b. 1928)

Au crépuscule

Claude Arrieu (1903-1990)

Sonatine: Allegro moderato; Andantino;
Presto

Victor Alphonse Duvernoy (1842-1907)

Deux morceaux, Op. 42
Lamento
Intermezzo

Louis Aubert (1877-1968)

Lied

Henri Gagnebin (1886-1977)

March of the Jolly Fellows

Georges Brun (1878-1961)

Romance, Op. 41

Arthur Honneger (1892-1955)

Romance

Armand Bournonville (1890-1957)

Danse pour Katia

Henri Büsser (1872-1973)

Les Cygnes
Les Écureuils

Johannes Donjon (1839-1912)

Offertoire, Op. 12
Pan! (Pastorale No. 1)

Henri Büsser (1872-1973)

Petite Suite, Op. 12
I. En sourdine: Andante poco adagio
II. Valse lente: Allegretto
III. Vieille chanson: Andante
IV. Scherzetto: Allegro Vivace

National Flute Association Cultural Outreach Program

The Cultural Outreach Committee promotes diversity within the National Flute Association through a variety of programs, most prominently through two types of scholarships for under-resourced and underrepresented flute students. Since the Cultural Outreach Committee was formed in 1991, these programs have helped dozens of students to more intensively study the flute and gain exposure to the arts.

Annual, renewable **private lesson scholarships** are awarded to students across the country. Scholarships are applied to tuition fees for private lessons for talented school-age students for as many years as the student continues to study through his or her high school graduation. The scholarships are intended to provide for students who could not otherwise afford private lessons. Students also receive a complimentary membership in the NFA. Currently, scholarships support students attending schools in ten major cities across the United States.

Convention scholarships are also awarded to allow secondary school students to attend the NFA convention for one day at no cost. Each year, the Cultural Outreach Committee identifies 10–12 flute students attending school in the convention city who could not otherwise afford to attend. A member of the Cultural Outreach Committee guides selected students through convention concerts, classes, and exhibits.

Cultural Outreach Scholarships are provided through the NFA's General Endowment Fund. If you are interested in supporting under-resourced students, please consider making a donation. For more information, visit the NFA's webpage: <http://www.nfaonline.org/Committees/Cultural-Outreach/Index.aspx>. Or, contact Paula Gudmundson (gudmu020@d.umn.edu) or Catherine Ramirez (ramirez@stolaf.edu), who both serve on the Cultural Outreach Committee.

Jennifer Grim is chair of the NFA Cultural Outreach Committee.

**Minneapolis To Host
National Flute Association Convention
Aug 10-13, 2017
at the Minneapolis Convention Center**

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Upper Midwest Flute Association 2016-2017

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The Upper Midwest Flute Association is very pleased to announce that we have been awarded a 2016 grant from MRAC. Thanks again to Nancy Maloney for her consistent and fruitful efforts on our behalf.



UPPER MIDWEST FLUTE ASSOCIATION, INC



www.umfaflutes.org

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Membership Registration - Individual

Registration Date: _____

Membership Type: New Renewal

(Membership year is Sept. 1 to Aug. 31)

Name _____ Email _____

Home Phone _____ Cell Phone _____

Address _____

If the address above is not a year-round address, please provide a secondary address along with start and end dates for that address.

Additional Information:

- I am willing to be a volunteer
- I prefer a print newsletter
- I am a flute teacher
- I am a registered Suzuki flute instructor
- I teach at the college level
- I play in this flute ensemble: _____
- I am the director of this flute ensemble: _____
- I do not want my contact information listed in the UMFA Directory

Please make checks payable to: Upper Midwest Flute Association Inc.
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www.umfaflutes.org/membership/membership_corporate.pdf

Before After
Aug 31 Sept. 1

Full-time student <input type="checkbox"/> Elementary <input type="checkbox"/> Jr High <input type="checkbox"/> Senior High <input type="checkbox"/> College	\$15	\$20
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Family	\$40	\$45
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Total Submitted	\$____	\$____